

PE			Curriculum map					
			Term					
			Learner Disposition Focus: Resilient	Learner Disposition Focus: Thinkers	Learner Disposition Focus: Self Managers	Learner Disposition Focus: Communicators	Learner Disposition Focus: Collaborative	Learner Disposition Focus: All
			Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Stage 1	Year 1	Indoor	Composite: Sending & Receiving Enquiry question: How do I catch a beanbag?	Composite: Throwing and Catching. Enquiry question: How to throw & catch a ball?	Composite: Creating Gymnastics shapes. Enquiry question: Why do we need to understand and perform shapes through Gymnastics?	Composite: Creating Gymnastics shapes. Enquiry question: Why do we need to understand and perform shapes through Gymnastics?	Composite: Creating Dance Enquiry question: Can you copy and explore basic movements and body patterns?	Composite: Creating Dance Enquiry question: Can we remember simple movements and dance steps?
		Outdoor	Composite: Focus on ball skills and games. Enquiry question: How many ways can I manouvere with a ball?	Composite: Throwing and Catching. Inventing Games/Focus on using beanbags. Enquiry question: Can you make up a game where you have to throw & catch?	Composite: Using a Bat & Ball. Enquiry question: steer and send a ball safely in different directions using a bat.	Composite: Group Games and Inventing Rules. Enquiry question: How do rules help support playing games?	Composite: Indroduction into Athletics Enquiry question: Can we group the different events in Athletics into two categories?	Composite: Indroduction into Athletics Enquiry question: How can we use measuring equipment during athletics?
	Year 2	Indoor	Composite: Throwing and Catching. Inventing Games/Focus on using beanbags. Enquiry question: Can you link skills with control, technique, co-ordination and fluency?	Composite: Making up games Aiming, hitting, kicking. Enquiry question: Can we make up a game individually-teach to a partner.	Composite: Creating Gymnastics shapes. Enquiry question: Why do we need to understand and perform shapes through Gymnastics?	Composite: Creating a sequence of movements in through Gymnastics. Enquiry question: Can you link skills with control, technique, co-ordination and fluency?	Composite: Creating Dance Enquiry question: Explore ways to vary levels and speed in sequence?	Composite: Creating Dance Enquiry question: How can direction influence our sequence of dance?
		Outdoor	Composite: Sending & Receiving Enquiry question: How do I catch a beanbag?	Composite: Focus on using a ball. Enquiry question: Can we Roll/Throw and receive a ball individually and with a partner?	Composite: Dribbling, kicking and hitting Enquiry question: How can we use equipment to send and receive with consistence, co-ordination and control?	Composite: Group Games and Inventing Rules. Enquiry question: How do rules help support playing games?	Composite: Indroduction into Athletics Enquiry question: Can we use measuring equipment to record our own results?	Composite: Indroduction into Athletics Enquiry question: Can we group track & field events further?
Lower Key Stage 2	Year 3	Indoor	Composite: Gymnastics, Creating a sequence of movements. Enquiry question: Can you link skills with control, technique, co-ordination and fluency?	Composite: Gymnastics, Creating a sequence of movements. Enquiry question: How can we link skills with control, technique, co-ordination and fluency?	Composite: Striking different size balls and shuttles. Enquiry question: How can we use equipment to send and receive with consistence, co-ordination and control?	Composite: Problem solving and inventing Games. Enquiry question: Can you devise strategies for solving problems within games?	Composite: Creating Dance Enquiry question: Can we confidently improvise with a partner or on your own?	Composite: Creating Dance Enquiry question: Beginning to create longer dance sequences in a larger group.
		Outdoor	Composite: Sports Hall Athletics Skills. Enquiry question: What are all the diciplines in Indoor Athletics?	Composite: Ball Skills, passing and receiving. Enquiry question: How can we pass with our hands in different ways with different apparatus?	Composite: Invasion Games Enquiry question: How can we implement dodging, marking,signalling and interception?	Composite: Striking & Fielding. Enquiry question: Can we develop striking skills along the ground and in the air?	Composite: Indroduction into Athletics Enquiry question: Perform all units/disciplines within the indoor athletics framework.	Composite: Indroduction into Athletics Enquiry question: Measure your own performance and record them on tracking sheet.
	Year 4	Indoor	Swimming	Swimming	Composite: Apply compositional ideas independently & with others to create Gymnastics sequences. Enquiry question: Can we copy, explore & remember a variety of movements & use these to create your own sequence?	Composite: Link Gymnastics skills with control, technique, Co-ordination & fluency. Enquiry question: Begin to use gymnastics vocabulary to describe how to improve & refine performances?	Composite: Creating Dance Enquiry question: Can we translate ideas from stimuli into movement with support.	Composite: Creating Dance Enquiry question: Beginning to compare and adapt motifs to create a larger sequence.
		Outdoor	Composite: Sports Hall Athletics Skills. Enquiry question: Can we perform all the diciplines with control?	Composite: Invasion Games Enquiry question: How do we create space during invasion games?	Composite: Introduction into Net/Wall Games Enquiry question: Can we use a variety of balls and apparatus to throw from one court to another.	Composite: Introduction into Striking & Fielding Games Enquiry question: Develop striking skills along the ground and in the air.	Composite: Sports Hall Athletics Enquiry question: Compare results to previous year and identify where you may have made improvement.	Composite: Sports Hall Athletics Enquiry question: Record & compare results to previous year and create ways to continue to improve.
Upper Key Stage 2	Year 5	Indoor	Composite: Sports Hall Athletics Skills. Enquiry question: Can we find ways to measure & record our results?	Composite: Invasion & Target ball handling skills Enquiry question: Explore mini versions of major games to be adapted which use & develop the skills & tactics of these games.	Composite: Exaggerate dance movements & motifs using expression. Enquiry question: Can we demonstarte strong imagination when creating our own dance sequences and motifs?	Composite: Demonstrate strong movements throughout a dance sequence. Enquiry question: Can we move appropriately & with the required style in relation to the stimulus?	Composite: Sports Hall Athletics Enquiry question: Understand exercises & activities that help develop muscle strength, flexibility, speed and endurance to support performance.	Composite: Performing actions through Gymnastics Enquiry question: How to apply & combine skills accurately & appropriately, consistently showing precision, control & fluency.
		Outdoor	Composite: Net/Wall Games Enquiry question: Can we introduce high barrier or ground level nets. Play games for throwing and striking a ball with hands or apparatus?	Composite: Playing Basketball Enquiry question: dicover and describe different ways to pass the ball through Basketball.	Composite: Health & Fitness Enquiry question: Identify how physical activity can affect your body and mind?	Composite: NFL Flag Football Enquiry question: How can we carry and protect the ball and pull flags safely?	Composite: Bowling, Batting & Fielding in Cricket Enquiry question: How to develop, improve & apply bowling, batting & fielding skills.	Composite: Perform outdoor Athletics disciplines. Enquiry question: Record & compare results to previous year and create ways to continue to improve using SMART Goals.
	Year 6	Indoor	Composite: Sports Hall Athletics Skills. Enquiry question: How can you analyse your work and make adjustments to improve the outcome?	Composite: Invasion & target ball handling games. Enquiry question: Identifying & exploring the differences & unique characteristics of games in the family.	Composite: Demonstrate strong movements throughout a dance sequence. Enquiry question: How to modify parts of a sequence as a part of self & peer evaluation?	Composite: Creating our own Dance sequences Enquiry question: Can we demonstrate how to use more complex dance vocabulary to compare & improve work?	Composite: Select and combine Gymnastics skills techniques and ideas. Enquiry question: Analyse & comment on skills & techniques & how these are applied in their own & others work.	Composite: Gymnastics sequences & performances. Enquiry question: Use more complex gymnastics vocabulary to describe how to improve & refine performances.
		Outdoor	Composite: Net/Wall Games Enquiry question: Co-operative and competitive games to encourage understanding of important priciples.	Composite: Playing Basketball Enquiry question: learn 'low' and 'Speed' dribble and understand/explain when they should be used?	Composite: Health & Fitness Enquiry question: How can games activities can be adapted to develop fitness levels?	Composite: NFL Flag Football Enquiry question: How do we 'Hand off' a football, receive a football and carry a football whilst running?	Composite: Understand match play and strategies through Cricket. Enquiry question: How to develop Forward, backward defensive shot and the straight drive.	Composite: Perform & Analyse outdoor Athletics disciplines. Enquiry question: How to perform and compete against ourselves and each other, either in turn or at the same time.