

# Online Safety

## My Family's Digital Toolkit

### Online safety is everyone's responsibility.

It is not always easy to know where to start to protect our children from online harm. You can start by getting your own personalised online safety toolkit in a few easy steps.

1. Click on this link: [My Family's Digital Toolkit - tailored online safety advice | Internet Matters](#)
2. Answer some simple questions about your children's digital habits (this takes just a few minutes)
3. Use the toolkit to:
  - a. Get age-specific advice to support your children online
  - b. Learn about popular apps and platforms your children use
  - c. Get information about how to deal with any online safety concerns
  - d. Get recommendations for digital tools to support their interests and wellbeing

Further information can be found using the link below including:

- Understanding your online use
- Impact of using the internet
- Opportunities online
- How the toolkit supports your family

*Please take note of what your parental responsibility is to ensure that your child is safer online.*



***Working together to keep our children safe and happy online.***