

Mental Health Support Team

We are pleased to share with you that we have a new service working with us: The Mental Health Support Team (MHST). MHSTs have been set up as a direct response to the Government's response to the green paper 'Transforming Children and Young People's Mental Health Provision'. They consist of mainly Educational Mental Health Practitioners (EMHPs) and Child Wellbeing Practitioners (CWPs).

The MHST provides brief, focussed, evidence-based interventions for the parents of children presenting with early signs of mild-moderate mental health problems such as anxiety and challenging behaviour who would otherwise not reach the thresholds for Child and Mental Health support (CAMHS). The practitioners will work remotely with all parents meaning the sessions will be either over the telephone or by video call.

Each small cluster of schools in Ealing will be allocated a named practitioner who will work across the clusters to provide interventions, guidance and signposting of other more suitable services if necessary. Each case will be discussed with the MHST and whether the MHST are the most appropriate service.

Please note that this service is not appropriate for children with a confirmed diagnosis, if they have suffered from abuse, violence or trauma. Parents will need to be motivated to engage in a parenting intervention and able to attend weekly sessions remotely.

Please also note that this is a short, targeted intervention programme and does not in any way fast-track to CAMHS.

The MHST will also be providing parent workshops – please keep a look out for them in the school's newsletter or via parentmail. The next workshop is supporting children to transition to secondary school. Please see details below.

Transition to secondary school webinar for parents 13 June

The workshop will also discuss how parents and carers can manage their own emotions about their child moving to secondary school.

There will be information specifically about this transition for children with special educational needs and disabilities (SEND) at the end of the presentation.

How to book

The session takes place on Tuesday 13 June 4pm

Parents can sign up using the link: [Parent Workshop Sign-up: Transitions to secondary school \(google.com\)](#)(link is external)

Or join the meeting on this link: [Join conversation \(microsoft.com\)](#)

Working together to keep our children safe and happy

