

YEAR: YEAR 4 **Theme:** Relationships (Summer)

Purpose: To equip pupils with the knowledge and skills they need to be physically healthy, mentally healthy and safe.

Related Units:

Year 3 – Relationships (Summer)

Unit overview	Vocabulary		Knowledge, Skills and Concepts
<u>Relationships</u> Our school's PSHE planning is ambitious for all pupils and is coherently planned and sequenced to ensure that pupils build on and gain new knowledge and skills as they progress through primary school. Our curriculum is broad and balanced to ensure that pupils leave primary schools with the knowledge and skills to keep themselves physically healthy, mentally healthy and safe. We also aim to equip our pupils with the knowledge, skills and attitudes they will need to be active, respectful and engaged citizens of modern Britain. Our PSHE curriculum has a wide range of child-centred activities to ensure the learning is enjoyable for pupils. The scheme of work is based on the learning descriptors laid out in the DfE's 'Statutory Relationships, Sex and Health Education guidance'. PSHE is taught as a discrete lesson once a week but also forms an integral part of the values and ethos of our school. The impact of our PSHE curriculum is also seen in the way pupils interact with others, the way in which they keep themselves mentally and physically healthy, the respect pupils have for other people and the way in which pupils can keep themselves and people around them safe.	New Vocabulary ◦ Emotions ◦ Rights ◦ Responsibilities ◦ Friendship ◦ Growth mind set ◦ Fixed mind set ◦ Positive ◦ Body change ◦ Puberty ◦ Testicles ◦ Nipple ◦ Pubic hair ◦ Breast ◦ Menstruation ◦ Period ◦ Fallopian tube ◦ Womb ◦ Egg ◦ Sanitary products	Previously Taught (Revise) ◦ Penis ◦ Vagina	In this unit, pupils are learning: • To identify the qualities of a good friend • To understand good friendships Relationships Education Objectives • To identify the people in my family, while recognizing that not all families look like mine • To explain where I can get help and support • To understand basic facts about puberty • To begin to understand menstruation If covering FGM lessons: • To understand aspects of discrimination • To understand that every individual, no matter what their gender, should be treated with equal respect and opportunities If NOT covering FGM lessons: • To explore how dementia affects the whole family • To explore how assistive technologies can help people living with dementia • To understand a growth mind-set • To understand rights in a friendship • To understand responsibilities in a friendship • To understand rights and responsibilities in a friendship

Related Books/Resources	Whole School/Community Links	Assessment Opportunities
Updated Ealing PSHE SoW > Short Term Planning > Summer > Year 4 - Suggested lesson slides - Suggested resources - Assessment opportunity resources	Collective Worship <i>What does it mean to be a friend? What are the qualities of a good friend?</i> - Initiate display in classroom to celebrate friendship and kindness throughout term. Involve pupils and other staff in making contributions. LEPS Links - MindUp - Zones of regulation - Worry boxes - School Council - Collective worship	<u>Self-Assessment</u> Pupils to complete self-assessment sheet at beginning of Autumn Term and then at the end of Summer Term (in a different colour). Self-assessment sheets to be compiled by class teacher and handed over to next teacher as part of transition. <u>Formal Assessment</u> Lesson 1 – Friendship Mind Map (Baseline) <i>What friendship means to them? What do you look for in a friendship? Why is friendship important? What makes a good friendship?</i> Lesson 2 – Growing and Changing (Baseline) <i>What do you know? What do you think? What do you want to know?</i> Lesson 12 – Friendship Mind Map (Summative) <i>Is there anything you will add? Why? Is there anything you will remove? Why?</i> <u>Evidence Gathering</u> Compile evidence of learning, from the above assessment opportunities, in individual PSHE books.