

YEAR: RECEPTION **Theme:** Health and Wellbeing (Autumn)

Purpose: To understand how to lead a safe and healthy life.

Relevant Prior Learning/Experiences

NURSERY – Health and Wellbeing (Autumn)

Information and evidence gathered through home visits and ongoing partnerships with parents/carers.

Unit overview	Vocabulary	Knowledge, Skills and Concepts
Our school's PSHE planning is ambitious for all pupils and is coherently planned and sequenced to ensure that pupils build on and gain new knowledge and skills as they progress through primary school. Our curriculum is broad and balanced to ensure that pupils leave primary schools with the knowledge and skills to keep themselves physically healthy, mentally healthy and safe. We also aim to equip our pupils with the knowledge, skills and attitudes they will need to be active, respectful and engaged citizens of modern Britain. Our PSHE curriculum has a wide range of child-centred activities to ensure the learning is enjoyable for pupils. The scheme of work is based on the learning descriptors laid out in the DfE's ‘Statutory Relationships, Sex and Health Education guidance’. PSHE is taught as a discrete lesson once a week but also forms an integral part of the values and ethos of our school. The impact of our PSHE curriculum is also seen in the way pupils interact with others, the way in which they keep themselves mentally and physically healthy, the respect pupils have for other people and the way in which pupils can keep themselves and people around them safe.	All vocabulary in this unit consolidates vocabulary taught during the Nursery ‘Health and Wellbeing’ unit. ◦ Myself ◦ Class ◦ Names ◦ Special ◦ Healthy ◦ Teeth ◦ Hygiene ◦ Food ◦ Friends ◦ Bullying ◦ Kindness ◦ Clean ◦ Similar ◦ Different ◦ Celebrate ◦ Goals ◦ Achieve ◦ Pride	In this unit, pupils are learning: • To identify people in my class and how they are similar or different • To set goals • To explain how to be kind to others • To identify how to keep clean and healthy

Related Books/Resources	Whole School/Community Links	Assessment Opportunities
• 'Elmer' by David McKee • 'Germs Are Not for Sharing!' by Elizabeth Verdick Updated Ealing PSHE SoW > Short Term Planning > Autumn > Reception • Suggested lesson slides • Suggested resources • Assessment opportunity resources Anti-Bullying Week (Lessons and Resources) http://www.anti-bullyingalliance.org.uk/	Collective Worship At beginning of unit, discuss what it means to set a goal and, through discussion, generate a brief list of whole class goals to display in classroom. Goals can be linked to school values/rules/dispositions or be more specific to year group. LEPS Links • MindUp • Zones of regulation • Worry boxes • Collective worship External Links and Themed Weeks • Link to Anti Bullying Week (16/11 – 20/11/2020) • Link to home visits • Visit from a nurse/doctor • Visit from a dentist Parent, professional and community visitors to be discussed with member of PSHE Intent Team and SLT.	Adults in the Early Years use a range of methods to collect evidence of children's learning in different contexts. Evidence of children's learning/progress is compiled in their individual learning journeys. <u>Contexts for Assessing</u> • Real-life situations • Play • Focussed teaching and learning • Routines and transitions • Investigations <u>Methods for Assessing</u> • Work samples • Consultation/conversations • Observations • Self-assessment • 2Simple (iPad) Assessment questions can be found in the Ealing PSHE scheme of work to accompany lessons in short term planning. <u>Evidence Gathering</u> Collect relevant work samples, photographs, transcripts/pupil voice and record in individual learning journey books. Share PSHE learning with home through whole class DB Primary blog.