

YEAR: RECEPTION **Theme:** Relationships (Summer)

Purpose: To equip pupils with the knowledge and skills they need to be physically healthy, mentally healthy and safe.

Relevant Prior Learning/Experiences

NURSERY – Relationships (Summer)

Information and evidence gathered through home visits and ongoing parental engagement in Reception.

Unit overview	Vocabulary		Knowledge, Skills and Concepts
Our school's PSHE planning is ambitious for all pupils and is coherently planned and sequenced to ensure that pupils build on and gain new knowledge and skills as they progress through primary school. Our curriculum is broad and balanced to ensure that pupils leave primary schools with the knowledge and skills to keep themselves physically healthy, mentally healthy and safe. We also aim to equip our pupils with the knowledge, skills and attitudes they will need to be active, respectful and engaged citizens of modern Britain. Our PSHE curriculum has a wide range of child-centred activities to ensure the learning is enjoyable for pupils. The scheme of work is based on the learning descriptors laid out in the DfE's 'Statutory Relationships, Sex and Health Education guidance'. PSHE is taught as a discrete lesson once a week but also forms an integral part of the values and ethos of our school. The impact of our PSHE curriculum is also seen in the way pupils interact with others, the way in which they keep themselves mentally and physically healthy, the respect pupils have for other people and the way in which pupils can keep themselves and people around them safe.	New Vocabulary • Fair • Unfair • Keeping clean • Boys • Girls • Change • Preparing • Achievements • Goals • Allergy • Sun safety • Active • Healthy lifestyle	Previously Taught (Revise) • Families • Different families • Keeping safe • Medicine • Healthy • Routine • Clean • Healthy • Washing • Family • Help • Support	In this unit, pupils are learning: • To explain what a healthy lifestyle is Relationships Education Objectives • To consider the routines and patterns of a typical day • To explain how to keep myself clean and healthy and explain why it is important • To identify the people in my family and explain where I can get help • To explore gender stereotypes • To explain how to use medicine safely • To prepare for change

Related Books/Resources	Whole School/Community Links	Assessment Opportunities
• Food/grocery magazines for cutting • Parachute • ‘Princess Smartypants’, ‘Prince Cinders’ by Babette Cole • ‘Giraffes Can’t Dance’ by Giles Andreae • Safe selection of medicines (E.g. syringes, pill bottles) • ‘Moving Molly’ by Shirley Hughes • ‘Once There Were Giants’ by Martin Waddell • ‘And Tango Makes Three’ by Justin Richardson Updated Ealing PSHE SoW > Short Term Planning > Summer > Reception • Suggested lesson slides • Suggested resources • Assessment opportunity resources	Collective Worship • <i>What does it mean to be a friend? What are the qualities of a good friend?</i> • Initiate display in classroom to celebrate friendship and kindness throughout term. Involve pupils and other staff in making contributions. LEPS Links • MindUp • Zones of regulation • Worry boxes • Collective worship • Parent, volunteer and external agency visitors to be discussed with member of PSHE intent team and SLT.	Adults in the Early Years use a range of methods to collect evidence of children’s learning in different contexts. Evidence of children’s learning/progress is compiled in their individual learning journeys. <u>Contexts for Assessing</u> • Real-life situations • Play • Focussed teaching and learning • Routines and transitions • Investigations <u>Methods for Assessing</u> • Work samples • Consultation/conversations • Observations • Self-assessment • 2Simple (iPad) Assessment questions can be found in the Ealing PSHE scheme of work. <u>Evidence Gathering</u> Collect relevant work samples, photographs, transcripts/pupil voice and record in individual learning journey books. Share PSHE learning with home through whole class DB Primary blog.