

YEAR: YEAR 3 **Theme:** Relationships (Summer)

Purpose: To equip pupils with the knowledge and skills they need to be physically healthy, mentally healthy and safe.

Related Units:

Year 2 – Relationships (Summer)

Unit overview	Vocabulary		Knowledge, Skills and Concepts
<u>Relationships</u> Our school's PSHE planning is ambitious for all pupils and is coherently planned and sequenced to ensure that pupils build on and gain new knowledge and skills as they progress through primary school. Our curriculum is broad and balanced to ensure that pupils leave primary schools with the knowledge and skills to keep themselves physically healthy, mentally healthy and safe. We also aim to equip our pupils with the knowledge, skills and attitudes they will need to be active, respectful and engaged citizens of modern Britain. Our PSHE curriculum has a wide range of child-centred activities to ensure the learning is enjoyable for pupils. The scheme of work is based on the learning descriptors laid out in the DfE's 'Statutory Relationships, Sex and Health Education guidance'. PSHE is taught as a discrete lesson once a week but also forms an integral part of the values and ethos of our school. The impact of our PSHE curriculum is also seen in the way pupils interact with others, the way in which they keep themselves mentally and physically healthy, the respect pupils have for other people and the way in which pupils can keep themselves and people around them safe.	New Vocabulary ◦ Positive thinking ◦ Self-talk ◦ Healthy friendship ◦ Skills and attributes ◦ Good influence ◦ Personal space ◦ Personal boundaries ◦ Peer pressure ◦ Unhealthy friendships	Previously Taught (Revise) ◦ Penis ◦ Vagina ◦ Private ◦ Differences ◦ Good friendships	In this unit, pupils are learning: • To identify the qualities of a good friend Relationships Education Objectives • To understand how boys and girls are different and to name boy and girl body parts • To explain personal boundaries • To identify the people in my family, while recognising that not all families look like mine • To explain where I can get help and support • To understand good friendships If covering FGM lessons: • To know you can say no to bad touch • To understand that FGM is not a rite of passage If NOT covering FGM lessons: • To understand what dementia is and how it is related to memory • To identify positive thoughts • To explore the concept of self-talk • To explore healthy relationships

Related Books/Resources	Whole School/Community Links	Assessment Opportunities
Updated Ealing PSHE SoW > Short Term Planning > Summer > Year 3 - Suggested lesson slides - Suggested resources - Assessment opportunity resources 'The Name Jar' by Yangsook Choi	Collective Worship <i>What does it mean to be a friend? What are the qualities of a good friend?</i> - Initiate display in classroom to celebrate friendship and kindness throughout term. Involve pupils and other staff in making contributions. LEPS Links - MindUp - Zones of regulation - Worry boxes - School Council - Collective worship	Self-Assessment Pupils to complete self-assessment sheet at beginning of Autumn Term and then at the end of Summer Term (in a different colour). Self-assessment sheets to be compiled by class teacher and handed over to next teacher as part of transition. <u>Formal Assessment</u> Lesson 1 – Friend Mind Map (Baseline) Lesson 2 – Baseline Assessment Sheet <i>How are boys and girls different?</i> Lesson 12 – Friend Mind Map (Summative) Revisit assessment from Lesson 1. Add new learning. If covering FGM, Lesson 6 (Formative) Sorting pictures of rites of passage under headings 'Religious'/'Non-religious'. <u>Evidence Gathering</u> Compile evidence of learning, from the above assessment opportunities, in individual PSHE books.