



Little Ealing
PRIMARY SCHOOL

NEWSLETTER

Autumn Term | Friday 9th October 2026

Dear all

Today, we delivered a whole carload of donations to Ealing Foodbank thanks to the wonderful generosity of our LEPS community. It was quite something to see just how much we had collected! Thank you to everyone who contributed, whether it was one item or several. Together, you have helped make a real difference to families who need some additional support.

It is a lovely example of our school value of kindness in action and something we can all feel proud of.

Assemblies - Celebrating Our Wonderful Staff

This week, we held a rather special assembly to celebrate World Teachers' Day.

We sent our teachers off for a well-deserved cup of tea and a slice of cake while the children and I spent some time thinking about what teachers actually do. We talked about the many different roles they take on throughout the day - not just helping children learn to read, write and understand the world around them but encouraging them, listening to their worries, celebrating their achievements and helping them believe in themselves.

The week before, we also celebrated National Teaching Assistants' Day, making sure our wonderful support staff had some sweet treats to enjoy during their breaks.

We are incredibly fortunate at LEPS to have such a committed, experienced and caring team of adults. Every day, our teachers and support staff work together to ensure that children feel safe, valued, included and supported to be the very best they can be. Much of what they do happens quietly, without recognition, but it makes an enormous difference to the lives of our children.

It was lovely to take a little time to recognise and celebrate them. I hope you will join me in saying a huge thank you to all our staff for everything they do.

Rathgar Class Assembly

This morning, we were treated to a fantastic assembly from Rathgar Class, who put a wonderful modern twist on their presentation about the Zones of Regulation.

The children spoke clearly and confidently as they explained the different zones and the emotions we might experience in each one. Most importantly, they reminded us that it is absolutely OK to be

in any of the zones – we all experience different feelings throughout the day and no emotion is wrong. They also shared some really useful strategies we can use to help manage our emotions and move between zones when we need to. It was such an important message for children and adults alike, reminding us that recognising how we feel and knowing what might help us is an essential life skill.

A huge well done to Rathgar Class and Mrs Elmi for such an engaging and thoughtful assembly.

PTFA AGM – Making a Difference Together

On Wednesday evening, we held our PTFA Annual General Meeting. Thank you to everyone who came along to hear about the fantastic work of our PTFA and their plans for the year ahead.

Our PTFA Chair, Fergus, shared some impressive figures and reminded us just how much our school community achieves when we work together.

Since June 2025, the PTFA has contributed an incredible **£88,000** towards enriching school life for our children. This has helped fund:

- Weekly Studio Cultivate gardening sessions
- The development of two Reception outdoor classrooms
- The extension of our Rainbow Garden
- Musical instruments and books
- iPad cases and children's lockers
- New playground equipment
-

These are not just additional resources; they are experiences, opportunities and improvements that benefit our children every single day.

Fergus also shared the PTFA's ambitions for the coming year. They hope to raise a further £50,000, helping us complete the redevelopment of the Reception and Year 1 playground areas, as well as potentially funding additional lockers and playground equipment, guided by the ideas and wishes of our children through the Junior Leadership Team and Pupil Parliament.

There was even discussion about the possibility of supporting a much-needed refurbishment of our staffroom, which could certainly benefit from some new furniture and fittings!

Of course, none of this happens without the time, energy and generosity of our parent community. Fergus ended with a simple but powerful message: if every parent could give just one hour of their time, particularly at our larger events, imagine what we could achieve together.

Whether it is helping to organise an event, volunteering on the day, joining a committee or simply offering an hour when you can, every contribution matters. A huge thank you to Fergus and the entire PTFA team for the incredible work they do. Their commitment makes such a difference to our school, our children and our community.

Coming Up Next Week

Monday 12th October 2026 – Year 4 to 6 Parent Coffee Morning – Brain Buddies

Tuesday 13th October – 9.15am – Prospective Parent Tour – We will be welcoming another group of prospective parents and carers whose children are due to start Nursery or Reception in September 2027. If you, or anyone you know locally, is considering Little Ealing for their child next year, please contact the school office to book a place.

Friday 16th October – Wear Red Day – Next Friday, we will be supporting Show Racism the Red Card by inviting all children to **wear something red** to school. We are asking families who are able to contribute £1, which will be donated to the charity to support its important anti-racism education work. This is another opportunity for us to reinforce our school values of kindness, respect and honest, and to remind children of the importance of treating everyone fairly and standing up against racism.

Friday 16th October – 9.00am – Redwood Class Assembly – Next Friday, we look forward to welcoming Redwood Class parents and carers to their class assembly.

Please come to the Hereford Road gate where a member of staff will be there to welcome you onto the school site at 9.00am.

As we head towards the final couple of weeks of this half term, there is still plenty to look forward to across the school. Thank you, as always, for the many ways you support LEPS, whether through donations, volunteering, attending events or simply encouraging your children each day.

Have a wonderful weekend.

Best wishes

Emily Caldwell

Headteacher

We are getting active this October with Ealing's 10-day Active Travel Challenge

Our school is participating in a borough wide **10-day Active Travel Challenge** this October to **embed healthy habits around active and sustainable travel to and from school**. Join us by walking, cycling, scooting or Park & Striding to school from **Monday 12th October**.

What is the 10-day Active Travel Challenge?

This October we are participating in Ealing's 10-day Active Travel Challenge, as part of Walk to School Month. We challenge you and your children to actively travel to school across all 10 school days to help increase physical activity, reduce congestion, and improve air quality around the school gates. Participating pupils will be awarded a Terri the Tiger sticker.

What are the benefits of walking, cycling, scooting or Park & Striding to school?

- Actively travelling to school helps children feel **happier** and **healthier**, and they arrive refreshed, fit and ready to learn.
- More families that actively travel to school means fewer cars on the road during the school run, helping to **reduce congestion** and **air pollution**, and **increase road safety** at the school gates.

What if you can't walk all the way to school?

- If you live too far away or do not have time to walk the whole way to school, you can **Park and Stride**. Park or hop off public transport at least ten minutes away from the school and walk the rest of the way.
- Do not forget to check if your school has an [active travel map](#). Or ask your child's teacher for more information

What can YOU do?

Join us from **Monday 12th October** by walking, cycling, scooting or Park & Striding to school and show your commitment to making a cleaner, greener and less polluted route to school.



music&drama education awards 2027 FINALIST

OUTSTANDING SCHOOL
MUSIC DEPARTMENT

We are extremely proud that Little Ealing is a finalist in the National Music and Drama Awards for 2027, in the category of Outstanding School Music Department.

Finalists:

Chiswick School, London

Fred Longworth High School, Tyldesley, Greater Manchester

Leighton Park School, Reading

Little Ealing Primary School, London

Princess Frederica CEVA Primary School, London

The Children's Trust School, Tadworth

The Minster School (7-18), Southwell, Nottinghamshire

The Sydney Russell School (4-18), Dagenham

Wells Cathedral School, Somerset

Sponsored By:



Venue Hire

LOOKING FOR A VENUE TO HOLD A
CHILDREN'S BIRTHDAY PARTY?

OUR SCHOOL CANTEEN AND
OUTSIDE AREA IS NOW AVAILABLE
FOR HIRE

PARTY SLOTS:
SATURDAYS 2.30PM - 5.30PM

SUNDAYS 10.30AM - 1.30PM
2.30PM - 5.30PM

£180 FOR 3 HOURS

JUST ENOUGH TIME TO
SET UP - CELEBRATE - CLEAN UP

OPEN TO LEPS FAMILIES & THE
LOCAL COMMUNITY



Little Ealing
PRIMARY SCHOOL

Where
Weymouth Avenue Ealing
W5 4EA

Book now or enquire
0208 567 2135
information@leps.org.uk

upcoming **EVENTS NEXT WEEK**

*For full details of the Autumn
term diary dates, please click here*

Monday 12th October 8.45am - Brain Buddies Parent Coffee Morning

Tuesday 13th October 2026 - 9.15am - Prospective Parent Tour

Prospective Parent Tours - for parents/carers of pupils due to start Nursery or Reception in Sept 2027. Book a place through the school office

Friday 16th October 2026 - Redwood Class Assembly

Parents and carers invited to watch and stay for a cup of tea or coffee in the Canteen afterwards

Friday 16th October 2026 - Wear Red Day

Contribute £1 to the charity either on ParentMail or to the class teacher

NEW SCHOOL MENU - Starting Monday 2nd November 2026



WEEK 1 MENU

LITTLE EALING
PRIMARY
SCHOOL

Weeks Commencing: 2nd November 26 23rd November 26 14th December 26
4th January 27 25th January 27 8th March 27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef's Special Pasta Bolognese  	Fragrant Veggie Curry with Coriander Rice & Aromatic Potatoes  	Cauliflower & Broccoli Cheese Bake with Roast Potatoes  	Margherita Pizza with Cajun Wedges 	Quorn Dippers with Chips 
Chinese Vegetable Rice  	Chicken & Sweet Potato Curry with Coriander Rice & Aromatic Potatoes  	Roast Chicken Thigh with Roast Potatoes & Gravy 	Piri Piri Chicken Pizza with Cajun Wedges 	Salmon or White Fish Fingers with Chips & Ketchup
Sweetcorn & White Cabbage 	Peas & Cumin Roast Cauliflower 	Carrots & Roasted Courgettes 	Sweetcorn & Mediterranean Veggies 	Peas & Baked Beans 
Winter's Eve Pudding  	Coconut Cookie 	Frozen Mango Yoghurt 	Strawberry Jelly & Peaches  	Chocolate & Beetroot Brownie 



WEEK 2 MENU

LITTLE EALING
PRIMARY
SCHOOL

Weeks Commencing: 9th November 26 30th November 26 11th January 27
1st February 27 22nd February 27 15th March 27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Butternut & Spinach Tarka Dhal with Rice  	Creamy Macaroni Cheese & Homemade Garlic Bread 	Root Veg & Sage Wellington, Potatoes & Carrots   	Cajun Quorn Burger & Potato Wedges 	Roasted Veggie & Bean Taco  
Yaki Noodles  	Lamb Spaghetti Bolognese & Homemade Garlic Bread  	Roast Chicken Thigh with Roast Potatoes & Gravy 	Grilled Chicken Katsu Burger & Potato Wedges 	Fish Fingers or Mini Breaded Fish with Chips & Ketchup
Sweetcorn & Roasted Courgette 	Carrots & Herby Green Beans 	Peas & Roast Parsnip 	Mexican Sweetcorn & Roasted Butternut Squash 	Baked Beans & Peas 
Vanilla & Peach Sponge  	Marble Cake 	Apple Crumble & Custard  	Yoghurt Bar with Toppings 	Gingerbread Cookie 



WEEK 3 MENU

LITTLE EALING
PRIMARY
SCHOOL

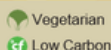
Weeks Commencing: 16th November 26 7th December 26 18th January 27
8th February 27 1st March 27 22nd March 27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rainbow Stir Fry with Rice  	Sweet Potato, Pepper & Coconut Curry with Rice   	Shepherdess Pie & Gravy  	Sweetcorn Pizza with Garlic & Herb Wedges 	Cheese & Onion Quiche with Chips 
Cheese, Tomato & Basil Pasta Bake  	Chicken Keema Curry with Rice   	Roast Chicken Thigh with Roast Potatoes & Gravy  	BBQ Chicken Pizza with Garlic & Herb Wedges 	Fish Fingers with Chips & Ketchup
Sweetcorn & Soy Wilted Greens 	Aromatic Potatoes & Broccoli 	Roasted Root Veggies & Vegetable Medley 	Green Beans & Roasted Mediterranean Veggies 	Peas & Baked Beans 
Lemon & Courgette Muffin 	Chocolate Tiffin 	Apple & Banana Cake  	Orange Jelly & Mandarins  	Oat & Raisin Cookie 

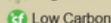


Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolford.org

Menu Key:



 At least 1 of your 5 a day



 Halal option available upon request

Last few tickets remaining

PJFA
**Quiz &
curry**
Night



Thursday 22 October 2026



Doors/bar : 7pm
Curry: 7-7:45pm
Quiz : 8pm
Close : 10:30pm



**School Canteen
enter via
Hereford Rd**

ADULTS ONLY – £20 PER PERSON
INCLUDES CURRY, PAKORA & NAAN
CHICKPEA OR CHICKEN CURRY. NO NUTS

PUT A TEAM OF **UP TO 8** PEOPLE TOGETHER, OR SMALLER
TEAMS & INDIVIDUALS MAY BE MATCHED UP ON THE NIGHT



**Tickets on sale via ParentMail
after 7pm on Mon 5th October**

