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LEPS Newsletter

Friday 19th December 2025

No 15

A MESSAGE FROM THE HEADTEACHER

SCHOOL COMMUNICATIONS

WHOLE SCHOOL

Governors' update to
Parents & staff -
Autumn 2025

NURSERY

Case of Head Lice
Case of Hand,
Foot & Mouth

LEYBORNE

Update to parents

YEAR 5

Trip to Science
Museum -
11th February 2026

RATHGAR

Swimming lessons
starts
Friday 9th January

BREAKFAST CLUB

Invoices now
available on
ParentMail

MUSIC

Timetables & invoices
sent to parents



Dear all

As we reach the end of the Autumn term, I wanted to take the opportunity to reflect on what has been a truly positive and memorable few months for our Little Ealing community. This term has been one of resilience, progress and growth and it has been a pleasure to see how far we have come together since the challenges we faced at the very start of the year. Remember the water issues towards the beginning of term!

Throughout the term, I have been continually struck by the dedication of our staff, the enthusiasm of our children and the unwavering support of our families. Little Ealing has demonstrated this year that it is a community that values learning, care and connection and this strong partnership has allowed the school to flourish.

As you will have seen through our weekly newsletters, children across the school have been immersed in a rich and engaging curriculum, alongside a wide range of enriching experiences. Our recent assessments show the steady progress pupils are making and it has been wonderful to see their confidence and independence grow as the term has unfolded.

The final weeks of term have been especially busy and full of joy. Some highlights just from this week have included:

- Poetry Performance Assemblies, where children from Year 1 to Year 6 confidently showcased their oracy skills to each other.
- Two delightful Nursery performances that brought smiles to everyone watching.
- The Junior Leadership Team finished their new playground map and key resources list.
- Festive music assemblies, where each class shared a song to celebrate the season together.

The upper school choir singing to a thrilled group of elderly residents at their afternoon tea, organised by Acton Fire Station.

I would like to extend my sincere thanks to all members of staff, who work tirelessly every day to create such a nurturing and ambitious learning environment. Even as this term comes to a close, they are already planning ahead for the Spring term and to welcome the children back in January.

Looking ahead to the new year, I am excited about what we can continue to

achieve together. Supporting the wellbeing of every child remains a key priority, alongside ensuring all pupils have the opportunities and resources they need to thrive. I also look forward to continuing to work closely with families and hearing your thoughts and aspirations for the future of our school.

Thank you for making this term such a positive and rewarding one - your support, kindness and engagement are greatly appreciated.

On behalf of all the staff and governors, I wish you and your families a peaceful and restful holiday. We look forward to welcoming everyone back on **Tuesday 6th January 2026** for another busy and exciting term at Little Ealing.

Best wishes

Emily Caldwell

Headteacher

How Your Stress and Emotions Affect Your Child

Children are deeply sensitive to the feelings of the adults around them—especially their parents and carers. When you're feeling stressed, anxious, or upset, your child can pick up on these emotions, even if you don't say anything. This can sometimes make children feel worried, confused, or unsafe.

Your emotional wellbeing plays a big role in helping your child feel secure and supported. When parents manage their stress well, it creates a calmer, more stable environment that benefits the whole family.



Schools
Counselling
Partnership

Signs Your Child May Be Affected

If you are going through a stressful time, your child might:

- Become more clingy or withdrawn
- Show changes in behaviour, such as irritability or mood swings
- Have trouble sleeping or eating
- Experience difficulties concentrating at school
- Express worries or fears indirectly

How Parents and Carers Can Manage Stress for Everyone's Benefit

- **Recognise your feelings** It's okay to feel stressed or upset. Acknowledge your emotions rather than pushing them away.
- **Take care of yourself** Prioritise self-care: rest, exercise, healthy eating, and time for activities you enjoy.
- **Model healthy coping** Show your child how you manage stress calmly — through deep breathing, talking, or taking breaks.
- **Communicate openly** Explain your feelings in simple terms and reassure your child it's not their fault.
- **Maintain routines** Predictable daily schedules help children feel safe even when adults are stressed.
- **Ask for support** Reach out to friends, family, or professionals if you need help managing your emotions.

Sometimes we could all do with someone to talk to.

If you would like to meet Elita Bartholomew Matthew for a confidential and non-judgemental chat about you, your child, or any other worries, they are available on Wednesdays from 9-10am.

You can call/text 07469701260 or email elita@schoolsounsellingpartnership.co.uk

Keeping Kids Safe Online: A Parent's Guide to Video Games

In today's digital world, video games are a popular pastime for children of all ages. While gaming can be fun, educational, and a way for kids to connect with friends, it's essential for parents to ensure their children are playing safely. Understanding online safety and age-appropriate games is key to protecting young gamers.

Why Online Safety Matters

Online gaming often involves interactions with other players, in-game purchases, and exposure to user-generated content. For young children, these experiences can sometimes be overwhelming or unsafe. Being aware of potential risks (such as inappropriate language, cyberbullying, and scams) is essential for parents.

Check the Age Ratings

Video games come with official age ratings designed to guide parents. These ratings, provided by organizations such as PEGI (Pan European Game Information) and ESRB (Entertainment Software Rating Board), indicate the suitability of a game for different age groups. For example:

- **PEGI 3 / ESRB E (Everyone):** Suitable for all ages, no frightening or inappropriate content.
- **PEGI 7 / ESRB E10+:** May contain mild violence or spooky scenes, suitable for children aged 7 and above.
- **PEGI 12 / ESRB T (Teen):** May have moderate violence or suggestive themes, more suitable for older children.

Parents should always check these ratings before purchasing or allowing access to a game, as children's online experiences can be dramatically different depending on the content.

Examples of Age-Appropriate Games

Here are some popular, safe choices for children in Year 1–6:

- **Year 1–2:** *Animal Crossing: New Horizons*, *Paw Patrol: On a Roll*, *Lego Duplo World*
- **Year 3–4:** *Minecraft (Creative Mode)*, *Mario Kart 8 Deluxe*, *Super Mario Odyssey*
- **Year 5–6:** *Minecraft (Survival Mode with parental supervision)*, *Luigi's Mansion 3*, *Plants vs. Zombies: Battle for Neighborville*

These games provide fun, creativity, and social interaction while remaining suitable for younger players. Parents can also make use of parental controls on consoles and apps to manage screen time and monitor in-game interactions.

Tips for Parents

1. **Play together:** Try games with your child to understand the content and encourage positive habits.
2. **Set boundaries:** Limit daily screen time and create a balanced schedule of gaming, homework, and outdoor play.
3. **Monitor online interactions:** Ensure your child only communicates with friends they know in real life.
4. **Discuss online safety:** Teach children to report or block inappropriate behaviour and never share personal information.

Video games can be a fantastic way for children to learn and have fun, but only when approached with awareness and guidance. By understanding age ratings and choosing suitable games, parents can ensure their child's online gaming experience is safe, positive, and enjoyable.

Miss Meyer and Miss Stickland

Computing Leads



ROVING REPORTERS

In Years 3-6 some of the children have been writing articles about information they have gathered from experiences and interests within school.

The Roving Reporters have published the following reports for the Autumn term.



Book Recommendations (Yr 3)

This half term, we have been gathering book recommendations from the Year 3 children (and some from across the school). From our research, we have found the top 5 recommended and most popular book series for our year group. These are:

1. Bunny vs Monkey by Jamie Smart
2. Looshkin by Jamie Smart
3. Montgomery Bonbon by Alasdair Beckett King
4. Dog Man by Dav Pilkey
5. Loki by Louie Stowell

Rosa, Theia, Josie



Down at the British Museum (Yr 4)

On Tuesday 25th November, Year 4 went to the British Museum. The most popular artefact was the Rosetta Stone as everyone was crowding around it to see the three languages.



Fun Fact:

The Rosetta Stone is one of the most treasured artifacts in the British Museum because of the three scripts on the stone (Hieroglyphic, Demotic and Ancient Greek). It is treasured as it gave the key to reading Egyptian hieroglyphs.

As Year 4 explored the museum, they completed an activity workbook, researching and learning more about Ancient Egypt using the incredible artefacts on display. One pupil commented, 'It was amazing to see artefacts from so long ago...It was one of my favourite school trips ever!'. Another stated, 'All of the statues were so cool and we got to see hieroglyphs'.

Overall, a great trip for Year 4!

Florence, Noah, Natasha





Condover Interviews (Yr 5)

A greatly talked about LEPs experience is the Year 6 trip to Condover. This half term we have interviewed both children and adults at LEPs to gather their thoughts and feelings towards this adventurous trip.

Pupil Feedback

Most people are excited about the food, the many activities that are in Condover and the dorms, finding out who they will be staying with for the week.

If you decide not to go you will still have fun at school, with activities like pizza making, bowling and many more.

Yara & Pia

Teacher Feedback

I thought it was a great experience because all the children get to be independent.

It was fun and amazing there; all the activities were engaging.



Condover Hall (Yr 6)

At the start of the year, Year 6 went to Condover Hall for an amazing time. Condover is a residential trip where Year 6 learn to climb, canoe, fence and have fun.

Today, we interviewed a Year 5, a Year 6 who went and a Year 6 who did not go on the trip.

Amelie

What was the most exciting activity that you did?

Isabel Li (Y6) - "My favourite activity at Condover Hall is 'Aerial Trek' where it's like 'Go Apes'."





LITTLE EALING PRIMARY SCHOOL
PARENTS, TEACHERS
& FRIENDS ASSOCIATION
Registered Charity 1031052

AUTUMN TERM ROUND-UP

TAKING A LOOK BACK ON WHAT HAS
BEEN A WONDERFULLY BUSY AND
SUCCESSFUL FEW MONTHS FOR THE
PTFA...

WHAT WE'VE BEEN UP TO...

WE'VE HOSTED SOME INCREDIBLE EVENTS:

- OUR FIRST DANCE PARTY; **LEPS BE WICKED**
- OUR FAMOUS **QUIZ & CURRY NIGHT**
- OUR FESTIVE **WREATH MAKING WORKSHOP**
- OUR MUCH-LOVED **CHRISTMAS FAIR** - OUR MOST SUCCESSFUL ONE YET!

ALONGSIDE OUR EVENTS, WE'VE ALSO BEEN BUSY
SELLING; **CHRISTMAS TREES**, DESIGN YOUR OWN
CHRISTMAS CARDS, AND **LEPS CHRISTMAS JUMPERS**
AND **WINTER HATS!**



WE'VE RAISED
AN AMAZING...

£15,000

...WE SIMPLY CAN'T
DO IT WITHOUT
YOUR SUPPORT...

**THANK
YOU!**

HOW THE PTFA FUNDS HELP...

EVERY PENNY WE RAISE GOES STRAIGHT BACK
INTO SUPPORTING OUR SCHOOL AND CHILDREN!
OUR RECENT PURCHASES INCLUDE...



£6,500
YR 1, 3, 5
LOCKERS



£1,620
EXTRA STUDIO
CULTIVATE DAYS



£260
COMPUTER
KEYBOARDS



£2,000
ADDITIONAL THEMED PLAY AREAS
LED BY THE PUPIL PARLIAMENT

Important Dates & Holidays

Date	Time	Who is it for?	Description
Monday 5 th January 2026	All Day	ALL	Staff Training Day – CLOSED FOR ALL PUPILS
Tuesday 6 th January 2026	8.30am	ALL	School opens for all pupils – Spring Term

ADMISSIONS REMINDER

The deadline for Nursery applications is 15th January 2026.

If you wish to apply for a space in our Nursery for September 2026, please visit the [admissions section](#) on our website, the application form can be found [here](#).

Alternatively, a copy of the application form can be collected from the school office.

SCHOOL TOUR

The last date for a school tour is 8th January 2026 at 9.15am. To book please contact the school office on 020-8567-2135.

Huge thanks

A massive thank you to local resident, 15 year old Hugo Dong, who went busking in Ealing Broadway to raise funds (£140!) for the Music at LEPS fund.

Hugo is in the National Youth Orchestra and has been playing the violin for 10 years. He popped in to school on Monday to play for the choir, who were entranced by his extraordinary skills.

I hope we will see more of Hugo, when he has time to visit. Till then, huge thanks for such a generous gesture.

Mr Maud



PTFA - Upcoming Events

PTFA Yr 5-6 Disco - Fri 23rd Jan - 6-8.30pm

Summer Fete - Sat 6th June - 12-4.30pm

PTFA Yr 3-4 Disco - Fri 30th Jan - 6-8.30pm

PTFA Netball - Children - Sun 7th June - TBC

PTFA Yr 1-2 Disco - Fri 6th Feb - 6-8.30pm

PTFA End of Year Party - Fri 10th Jul - 6-8.30pm

PTFA Netball - Adults - Thurs 4th June - 7-9pm