



information@leps.org.uk
www.littleealing.com

LEPS Newsletter

Friday 7th November 2025

No 9

A MESSAGE FROM THE HEADTEACHER

SCHOOL COMMUNICATIONS

WHOLE SCHOOL

Termly Reviews -
Bookings open from
6pm today

RECEPTION - YEAR 6

Lunch orders required
to be made

Second date for flu
vaccinations -
9th December 2025

YEAR 2

Case of Head Lice
Trip to Gunnersbury
Museum

YEAR 3

Case of Hand, Foot &
Mouth

YEAR 6

Sky Studios Trip

PTFA

Christmas Trees now
on sale

Quiz & Curry Night -
Sold out

Dear all

Welcome back to Autumn 2! It has been wonderful to see the children return full of energy and enthusiasm - right from the moment they came through the gates, ready for the day and for learning to begin. There has been a real buzz around the school this week and it's been lovely to see everyone settling back into routines so positively.

This week, we have especially enjoyed seeing the children taking the lead in different ways. Our Pupil Parliament have been busy selling poppies in preparation for Remembrance Day. We will be holding a special assembly on Monday to reflect on the importance of remembrance, followed by a minute's silence on Tuesday 11th November at 11am. The LEPS Pupil Parliament also asked all classes to make their own poppies - I wonder if you've spotted some of their creations displayed around the school?

Next week promises to be an exciting and meaningful one, as we recognise Anti-Bullying Week, Walk to School Week and Remembrance Day. Here are a few key reminders:

Monday 10th November – Last chance to bring in a donation for poppies.

Monday 10th November – Wear odd socks and bring a donation to celebrate the start of Anti-Bullying Week, start the conversation about how positive differences can be and supporting the Anti-Bullying Alliance.

The theme for Anti-Bullying Week 2025, "The Power of Good", ties in beautifully with the therapeutic and nurturing approach we take here at Little Ealing. Throughout the week, we'll be exploring how even the smallest acts of kindness and respect can make a big difference. We will be encouraging children to think about how their words and actions can spread positivity, include others and stand up for what's right.

We will also talk about how one good deed can inspire another - creating a ripple effect of kindness across our school community. Together, we can make Little Ealing a place where kindness and respect shine brightly every day.

A huge thank you also goes to the five Network Rail volunteers who came into school during half term. They gave up their time to help with jobs around the premises, including painting, weeding, clearing and tidying. Their hard work has made a real difference and we are so grateful for their support in helping keep our school looking its best. If anyone has a team at work looking to do some volunteering and would like to support LEPS for the day – we have lots of jobs around the school. Please get in touch with the school office.



Finally, a reminder about the upcoming Autumn Term Reviews. These meetings are an important opportunity for you to meet individually with your child's class teacher, hear about their progress and discuss ways you can support their learning at home. You will receive a letter via ParentMail today with all the information about how to book your appointment. Appointments are available to book from 6pm today.

Thank you, as always, for your continued support. Wishing you all a restful weekend and a great start to another busy and inspiring week ahead.

Best wishes

Emily Caldwell

Headteacher

Please check out this week's great contributions to Performance Corner - [Music at LEPS](#) website.



Introducing the Oracy Owls



Meet Little Ealing's Oracy Owls who will be championing oracy across the school.

Our Owls will actively promote speaking and listening skills, take part in public speaking opportunities throughout the year and inspire their classmates to grow in confidence.

Life online

Tech is here to stay — but that doesn't mean it should take over our lives or replace precious time with family and friends. More and more children are now talking about influencers, online friendships, and the games they enjoy playing.

This week, we invite you to take a look at an interesting BBC Bitesize article about life online. We hope it gives you something to think about and perhaps discuss together at home.

Have a lovely weekend!

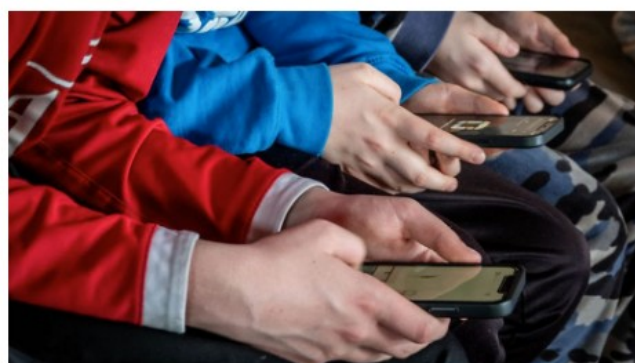
Miss Meyer and Miss Stickland

Computing Leads

Life online

Help for parents to navigate the world of technology and life online - with advice on social media, online gaming and screen time.

Part of [Parents](#)



How to help your kids navigate the internet according to the experts

It isn't easy - but parents can help teens with their online lives.

Important Dates & Holidays

Date	Time	Who is it for?	Description
Monday 10 th – 14 th November 2025	Throughout the week	All children	Anti Bullying Week – the children will take part in a variety of activities to raise awareness about preventing bullying and promoting positive friendships.
Wednesday 12 th November 2025	9.15am	9.15am	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Friday 14 th November 2025	Rec–Y2 6pm Y3–Y6 7pm	Rec – Y2 – 6pm Y3 – Y6 – 7pm	PTFA Event – Wicked Evening
Monday 17 th November 2025	ALL DAY	All children	Individual School Photos – choose your favourite outfit and brush your hair how you like it best!
Monday 17 th November 2025	3 – 6pm	Buttercups	Termly Reviews – parent teacher individual meetings – details will follow
Monday 17 th November 2025	4.00 – 6.30pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	ALL DAY	All children	Siblings School Photos – choose your favourite outfit and brush your hair how you like it best!
Tuesday 18 th November 2025	3 – 6pm	Ladybirds	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	3.30 – 6pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Friday 21 st November 2025	7 – 10.30pm	ALL Parents/ Carers	PTFA Quiz and Curry Night
Wednesday 19 th November 2025	3 – 6pm	Caterpillars	Termly Reviews – parent teacher individual meetings – details will follow
Friday 21 st November 2025	9am	Parent s	Coffee mornings - – Supporting Positive Behaviour - Therapeutic Thinking
Monday 24 th November 2025	3.30 – 6pm	Nursery to Y6	PP and SEND Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 25 th November 2025	9am	Lothair Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Thursday 27 th November 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Tuesday 2 nd December 2025	9am	Lavington Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 3 rd December 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office

Thursday 4 th December 2025	7.30pm	Ticketed event	PTFA Wreath Making
Saturday 6 th December 2025	12 – 4pm	ALL	PTFA Christmas Fair
Tuesday 9 th December 2025	2pm	Leyborne Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Thursday 11 th December 2025	ALL DAY	All children	Christmas Jumper Day and School Christmas Lunch
Thursday 11 th December 2025	2pm	Bramley Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 12 th December 2025	2pm	Blondin Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 19 th December 2025	Usual times for each year group	ALL	End of Term Collection
Monday 22 nd December – Monday 5 th January 2026		ALL	Christmas Holidays
Monday 5 th January 2026	All Day	ALL	Staff Training Day – CLOSED FOR ALL PUPILS
Tuesday 6 th January 2026	8.30am	ALL	School opens for all pupils – Spring Term

Anti-Bullying Week and Odd Socks Monday

Every year, bullying impacts the lives of countless young people and silence helps it grow. That's why, this Anti-Bullying Week, we're empowering young people to use their Power for Good to safely speak up and raise awareness when they see bullying, face to face or online. Lasting change needs all of us. Together, we can use our Power for Good to end bullying — for good.



On Monday encourage your children to wear Odd Socks to start a conversation about difference. Please bring donations to support The Anti-Bullying Alliance. <https://anti-bullyingalliance.org.uk/>

ATHLETICS

Congratulations to our Year three and four Athletics team that won the Ealing Primary Competition this week. The team showed great commitment to their preparation for the tournament and they performed exceptionally.

The future looks bright for our young Athletes.



REQUEST FROM MR MAUD

I am looking for lots of megabloks to use as a teaching aid in the music classroom.

If anyone has any they would be happy to donate, please get in touch with me via music@leps.org.uk

Many thanks!

Mr Maud



CHESTERTONS

Your kindness will

KEEP LONDON WARM

SAVE THE DATES

20th October to 22nd November

Your gently used coats and jackets can make a real difference this winter.

For over ten years, Chestertons has proudly supported Calling London, opening our offices to collect donations that are then distributed to more than 30 charities across London.

Last year, together we collected over 10,000 coats. Will you help us reach 11,000 this year?

We Can Accept:

- Coats of all styles and ages
- Ski jackets
- Gilets
- Fleece

We Cannot Accept:

- Thin rainwear / kagouls / mags
- Jumpers, cardigans, or trousers
- Workwear
- Shoes

Drop off your donations at our office between 20th October and 22nd November – every coat counts.



FRUIT SNACKS

Please note that children should be bringing only fruit or vegetables to have as their snack in class. Dried fruit such as raisins, and fruit snacks such as yoyos are acceptable as long as they don't contain any other ingredients. If you choose to send your child with grapes, please ensure that they are cut lengthways to reduce the risk of choking.

This is in line with the school approach to healthy eating, and to protect children with allergies.

Many thanks for your co-operation.

Supporting Children Through Family Changes - Talking to Your Child About Divorce or Separation



🗨 Talking to Your Child About Divorce: Guidance for Parents and Carers

When families go through big changes like separation or divorce, it can be a very emotional time—not only for parents, but especially for children. As a school, we understand that this transition can be difficult and want to share guidance on how to talk to your child about divorce, and ways you can support them throughout the process.

😊 Start with a Caring, Honest Conversation

If you're planning to tell your child about a separation or divorce, here are some key tips:

- Talk together if possible: When both parents speak to the child together in a calm, unified way, it helps reduce confusion or fear.
- Use age-appropriate, clear language: Avoid blame or adult details. Focus on how family life will change practically.
- Offer reassurance: Let your child know:
 - o *"This is not your fault."*
 - o *"We both love you and that will never change."*

Let them express feelings: Children may be shocked, upset, or confused. Give them time and space to talk openly.

🧑🧒🧑 How to Support Your Child During This Time

- Keep routines consistent – Familiar daily routines can give children a sense of safety and stability.
- Check in regularly – Some children won't express their feelings immediately. Let them know you're available to talk.
- Avoid conflict in front of them – Try to shield your child from arguments or pressure to take sides.
- Support positive relationships – Unless there are safety concerns, help your child stay connected with both parents.

Watch for changes – Withdrawal, anger, sleep problems, or school difficulties may be signs they're struggling.

Sometimes we could all do with someone to talk to.

If you would like to meet Elita Bartholomew Matthew for a confidential and non-judgemental chat about you, your child, or any other worries, they are available on Wednesdays from 9-10am.

You can call/text 07469701260 or email elita@schools counsellingpartnership.co.uk

PTFA - Upcoming Events

LEPS be Wicked Dance Party - Fri 14th Nov - 6-8pm

PTFA Quiz & Curry Night - Fri 21st Nov - 7-9pm

Wreath Making - Thursday 4th December 7.30pm

Christmas Fair - Sat 6th Dec - 12-4pm

PTFA Yr 5-6 Disco - Fri 23rd Jan - 6-8.30pm

PTFA Yr 3-4 Disco - Fri 30th Jan - 6-8.30pm

PTFA Yr 1-2 Disco - Fri 6th Feb - 6-8.30pm

PTFA Netball - Adults - Thurs 4th June - 7-9pm

Summer Fete - Sat 6th June - 12-4.30pm

PTFA Netball - Children - Sun 7th June - TBC

PTFA End of Year Party - Fri 10th Jul - 6-8.30pm

BUY YOUR 2025

NEW

CHRISTMAS TREE

from the PTFA

Nordmann Fir trees come netted without stands

3-4ft £37

4-5ft £42

5-6ft £47

6-7ft £52

7-8ft £62

Place your order via the Parentmail shop now. **Deadline to order Thursday 20th November.** This is an absolute deadline that cannot be extended.

Pick up your tree order from **Ealing Fields High School** on
Friday 5th Dec 5.30-8pm **OR**
Saturday 6th 9.30-12.30pm



PTFA Quiz & Curry Night

Friday 21 November 2025

Doors/bar : 7pm

Curry: 7-7:45pm

Quiz : 8pm

Close : 10:30pm

School Canteen

enter via

Weymouth Rd

£20 PER PERSON INCLUDES CURRY/ PAKORA/NAN
ON THE MENU CHICKPEA OR CHICKEN CURRY. NO NUTS

PUT A TEAM OF 4 TO 8 PEOPLE TOGETHER. SMALLER TEAMS
MAY BE MATCHED UP ON THE NIGHT

Tickets on sale via ParentMail
after 7pm on Mon 3rd Nov



LEPS BE WICKED

Dance Party

Join us for a magical Wicked-inspired dance event
led by Dance Gallery!

Friday 14th November

6-6.45pm - Reception to Yr 2

7-8pm - Yr 3 to Yr 6

Tickets:
£3
per child

Kids Snacks and Bar (card only)

Last few

tickets remaining

Tickets
on sale
now
via
ParentMail

Due to capacity & safety please:
Max 1 adult per child Min 1 adult per 5 children
Adults are required to remain responsible for their child/children throughout the event.