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SCHOOL COMMUNICATIONS WHOLE SCHOOL

RECEPTION - YEAR 6

ISS Catering - New
Lunch Menu

RECEPTION & YEAR 2

Case of Head Lice

YEAR 4

Flu Vaccination

PTFA

Wicked Dance Party -
Ticket on Sale today @
7pm



Please check out
this week's
great
contributions
to Performance
Corner -
including a
Halloween
special - on
the [Music at
LEPS](#) website.

LEPS Newsletter

Friday 24th October 2025

No 8

A MESSAGE FROM THE HEADTEACHER

Dear all

As we come to the end of what has been a busy and productive half term, I want to take a moment to thank you all for your continued support. It's been wonderful to see so much enthusiasm and engagement from the children across all year groups - they have worked incredibly hard and certainly deserve a well-earned break.

The rain and wind this week have reminded us that we are well and truly into autumn now! The darker mornings, blustery lunchtimes and colourful leaves swirling around the playground have brought that unmistakable autumn feeling.

As we head into the half-term holiday, I hope you all enjoy some time to rest and recharge. Whether you are travelling away or staying at home, I encourage you to take the chance to spend some extra quality time with your children. Holidays do not need to be filled with expensive trips or busy days out - sometimes the best memories come from simple moments together: a walk in the park, a family board game or just sharing a meal and a chat.

Monday Assembly – Road Safety

This week's Monday assembly, led by the Headteacher, focused on the important theme of road safety, linking to our wider school value of staying safe and showing respect. Pupils discussed how the darker mornings and evenings during autumn and winter make it even more important to be visible and alert near roads. They took part in activities to decide whether different situations were dangerous or safe and were reminded of the Green Cross Code: find a safe place to cross, stop before you step off the kerb, look and listen for traffic, let it pass if it's approaching and cross safely while continuing to look around.

The children were given an important reminder about our School Street – this means LOW CARS, NOT NO CARS – so we still need to walk on the pavement and follow the Green Cross Code when crossing the road.

At home, families can continue these conversations by talking about how to stay safe when walking, cycling or travelling to school, especially during the darker months – for example, by wearing bright or reflective clothing, using crossings and avoiding distractions such as using mobile phones or wearing headphones.

Encourage your child to share their top three tips for road safety from the assembly.

Netherbury's Class Assembly – Theme: ADHD Awareness

This week, Netherbury led a powerful and uplifting class assembly to mark ADHD Awareness Month. The children took the opportunity to celebrate the beauty of different kinds of brains and reminded us all that everyone learns and thinks in their own unique way.

The assembly began with a joyful performance of Try Everything, which set the tone perfectly with its key messages about perseverance, learning from

mistakes and never giving up – all important parts of everyone's learning journey. The children also shared stories of three inspiring celebrities who have ADHD – all of whom are celebrated Black figures -making a wonderful link with Black History Month. Their stories reminded us that success can take many forms and that our differences are something to be proud of.

Netherbury's fable illustrated a message that: all the animals in the story finished the race at their own pace and were congratulated when they arrived. The moral was clear - different brains have different strengths and they are all equally amazing.

The assembly was a wonderful celebration of individuality, teamwork and mutual respect. Netherbury showed how well they support each other and how they celebrate everyone's strengths – a message we can all carry with us in life.

Parent Inclusion Coffee Morning and Workshop

It was lovely to see so many parents this morning at our Inclusion Workshop with a focus on The Zones of Regulation. Thank you to the parents and carers for sharing openly, your engagement and valuable questions. The slides are on ClassDojo for your information and reference.

Our next Parent Inclusion Workshop will be on Friday 21st November 2025 at 9am - Supporting Positive Behaviour - Therapeutic Thinking.

School Street

October half term is approaching so please be reminded that School Streets operate term time only, according to the dates published on the Ealing Council website: [Academic year 2025/26 | Term and holiday dates | Ealing Council](#) The scheme still operates on individual School INSET and occasional days.

The School Street cameras will be back in operation from Monday 3rd November 2025.

A Gentle Reminder about our playground and school site

Please can I remind everyone that dogs are not permitted in the school playground (even if they are being carried) and that vaping is not allowed anywhere on the school site. These rules are in place to ensure the safety and wellbeing of all our children and families - thank you for your cooperation and understanding.

Thank you once again for all your support this term. I am proud of what our school community has achieved so far this year and I look forward to an exciting and positive second half of the term when we all return on Monday 3rd November 2025.

Have a lovely, restful week - and enjoy the time with your families.

Best wishes

Best wishes

Emily Caldwell

Headteacher

FRUIT SNACKS

Please note that children should be bringing only fruit or vegetables to have as their snack in class. Dried fruit such as raisins, and fruit snacks such as yoyos are acceptable as long as they don't contain any other ingredients. If you choose to send your child with grapes, please ensure that they are cut lengthways to reduce the risk of choking.

This is in line with the school approach to healthy eating, and to protect children with allergies.

Many thanks for your co-operation.

A Fantastic Experience with the Jacksonville Jaguars!

We were very fortunate to be invited to The Grove Hotel last week to watch the Jacksonville Jaguars during their open training session. The children had an amazing opportunity to meet the players and even take part in some drills on the training pitch with the players themselves leading the activities!

It was a fascinating insight into the life of professional athletes from another country, and a great chance to see the dedication and skill required to perform at such a high level.

Many of the children were also lucky enough to attend the Jacksonville Jaguars' game at Wembley Stadium on Sunday, where they met cheerleaders, mascots, and supporters from all over the world. They even got to chat with players about what it's like to travel abroad and compete internationally.



It was an incredible experience from start to finish, one the children thoroughly enjoyed and will remember for a long time!

Netball Tournament Success!

Last week, Little Ealing took part in the School Sports Partnership Netball Tournament, entering three teams who all competed brilliantly. Every team successfully progressed through their group stages, showcasing fantastic teamwork and skill throughout the day.

Our A team went on to win the tournament outright, while our B team finished in a very impressive third place, narrowly missing out on the final after facing our A team in the semi-finals.



We are incredibly proud of how all the children conducted themselves — they played with great spirit, sportsmanship, and skill. It's a real credit to the school that we were able to enter three competitive teams, something not every school can manage.

It was a thoroughly enjoyable day and a wonderful display of high-level netball. Well done to everyone involved!

BLUE PETER BADGE WINNERS

Josie and Lawrie were very excited to receive their Blue Peter Badges this week.

This is Lawrie's first badge, he submitted a picture he drew of Jack and the beanstalk.

There are some great perks to having a Blue Peter badge, Lawrie now gets access to over 200 attractions for free, including Kew Gardens as well as London and Whipsnade Zoo!

This is Josie's 5th Blue Peter Badge, she has already received the original one that gives you access to attractions and also has one for reading, a community badge, one for helping the environment and her latest is a music badge designed by Ed Sheeran.

Well done to you both!



LEPS BE WICKED
Dance Party

Join us for a magical Wicked-inspired dance event
led by Dance Gallery!

Friday 14th November

6-6.45pm - Reception to Yr 2
7-8pm - Yr 3 to Yr 6

Kids Snacks and Bar (card Only)

Tickets:
£3
per child

Tickets
on sale
now
via
ParentMail

Due to capacity & safety please:
Max 1 adult per child Min 1 adult per 3 children
Adults are required to remain responsible for their child/children throughout the event.

PIANIST REQUIRED

A local piano teacher who has taught scores of LEPS children over the years is leaving the area.

If you have a piano teacher that you could recommend, I would be very grateful if you could contact me with their details via

music@leps.org.uk

Many thanks for taking the time to do this, Mr Maud.

Important Dates & Holidays

Date	Time	Who is it for?	Description
Monday 27 th – Friday 31 st October 2025		ALL	Half Term – School Closed for all Pupils
Monday 3 rd November 2025	8.30am	ALL	School opens for all pupils – Autumn Term 2 Breakfast club and before school clubs as usual
Wednesday 5 th November 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Monday 10 th – 14 th November 2025	Throughout the week	All children	Anti Bullying Week – the children will take part in a variety of activities to raise awareness about preventing bullying and promoting positive friendships.
Wednesday 12 th November 2025	9.15am	9.15am	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Friday 14 th November 2025	R – 2 – 6pm 3 – 6 – 8pm	R – 2 – 6pm 3 – 6 – 8pm	PTFA Event – Wicked Evening
Monday 17 th November 2025	ALL DAY	All children	Individual School Photos – choose your favourite outfit and brush your hair how you like it best!
Monday 17 th November 2025	3 – 6pm	Buttercups	Termly Reviews – parent teacher individual meetings – details will follow
Monday 17 th November 2025	4.00 – 6.30pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	ALL DAY	All children	Siblings School Photos – choose your favourite outfit and brush your hair how you like it best!
Tuesday 18 th November 2025	3 – 6pm	Ladybirds	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	3.30 – 6pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Friday 21 st November 2025	7 – 10.30pm	ALL Parents/ Carers	PTFA Quiz and Curry Night
Wednesday 19 th November 2025	3 – 6pm	Caterpillars	Termly Reviews – parent teacher individual meetings – details will follow
Friday 21 st November 2025	9am	Parent s	Coffee mornings - – Supporting Positive Behav- iour - Therapeutic Thinking
Monday 24 th November 2025	3.30 – 6pm	Nursery to Y6	PP and SEND Termly Reviews – parent teacher individual meetings – details will follow

Tuesday 25 th November 2025	9am	Lothair Parents/ Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Thursday 27 th November 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Tuesday 2 nd December 2025	9am	Lavington Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 3 rd December 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Thursday 4 th December 2025	7.30pm	Ticketed event	PTFA Wreath Making
Saturday 6 th December 2025	12 – 4pm	ALL	PTFA Christmas Fair
Tuesday 9 th December 2025	2pm	Leyborne Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Thursday 11 th December 2025	ALL DAY	All children	Christmas Jumper Day and School Christmas Lunch
Thursday 11 th December 2025	2pm	Bramley Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 12 th December 2025	9am	Blondin Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 19 th December 2025	Usual times for each year group	ALL	End of Term Collection
Monday 22 nd December – Monday 5 th January 2026		ALL	Christmas Holidays
Monday 5 th January 2026	All Day	ALL	Staff Training Day – CLOSED FOR ALL PUPILS
Tuesday 6 th January 2026	8.30am	ALL	School opens for all pupils – Spring Term

Supporting Your Child in a Digital World



Many children and young people spend a significant part of their day online—for school, gaming, socialising, or exploring their interests. While the internet provides exciting opportunities to learn and connect, it can also expose them to risks such as inappropriate content, online bullying, or becoming overly reliant on screen time. Some children may even begin to show signs of screen dependency, including mood swings when not online, withdrawing from family life, or struggling to sleep after late-night device use.

By recognising these behaviours early and supporting children with guidance and structure, we can help them build a healthy, balanced relationship with technology.

How Can Parents and Carers Help?

There are lots of simple, effective ways to promote safer, more balanced online habits at home. Here are some key tips:

☒ **Talk Regularly**

Start open conversations with your child about their online world. Ask:

- What apps or games are you using?
- Who do you talk to online?
- Have you ever seen anything that made you feel uncomfortable?

☒ **Set Clear Boundaries**

- Keep screens out of bedrooms overnight
- Set agreed screen time limits
- Encourage regular breaks and offline activities
- Establish screen-free zones like the dinner table

☒ **Watch for Warning Signs of Screen Overuse**

Children may be using screens too much if you notice:

- Irritability or frustration when devices are taken away
- Loss of interest in non-digital hobbies
- Sleep disruption or staying up late online
- Avoiding homework or responsibilities
- Sneaking devices or lying about screen use
- Withdrawing from face-to-face social time

☒ **Use Parental Controls**

- Enable filters and safety features on devices
- Use apps like **Google Family Link**, **Apple Screen Time**, or **Microsoft Family Safety**

☒ **Know What They're Using**

Familiarise yourself with apps and platforms like:

TikTok, Snapchat, Instagram, Discord, Roblox, YouTube Many of these have chat or livestreaming features, so it's important to stay involved.

☒ **Encourage Healthy Habits**

- Promote a balance of online and offline activities
- Encourage creative screen use (e.g. coding, drawing, learning)
- Teach critical thinking—how to spot scams, fake content, and how to protect personal information

Tips by Age Group

•**Under 8s**

- Use child-safe, age-appropriate apps
- Always supervise screen time

Ages 9–12

- Begin discussing online safety and privacy
- Talk about peer pressure, digital friendships, and kindness online

Teens (13+)

- Talk about reputation, relationships, mental health, and screen independence
- Support them in managing their own screen time responsibly

Sometimes we could all do with someone to talk to.

If you would like to meet Elita Bartholomew Matthew for a confidential and non-judgemental chat about you, your child, or any other worries, they are available on Wednesdays from 9-10am.

You can call/text 07469701260 or email elita@schoolsounsellingpartnership.co.uk

PTFA - Upcoming Events

LEPS be Wicked Dance Party - Fri 14th Nov - 6-8pm

PTFA Yr 1-2 Disco - Fri 6th Feb - 6-8.30pm

PTFA Quiz & Curry Night - Fri 21st Nov - 7-9pm

PTFA Netball - Adults - Thurs 4th June - 7-9pm

Wreath Making - Thursday 4th December 7.30pm

Summer Fete - Sat 6th June - 12-4.30pm

Christmas Fair - Sat 6th Dec - 12-4pm

PTFA Netball - Children - Sun 7th June - TBC

PTFA Yr 5-6 Disco - Fri 23rd Jan - 6-8.30pm

PTFA End of Year Party - Fri 10th Jul - 6-8.30pm

PTFA Yr 3-4 Disco - Fri 30th Jan - 6-8.30pm



The poster features a dark blue background with a brick wall pattern. At the top, the text 'PTFA Quiz & Curry Night' is written in a large, stylized, glowing pink font. Below this, a calendar icon is shown next to the date 'Friday 21 November 2025'. To the left of the time schedule is a clock icon, and to the right is a location pin icon. The time schedule lists 'Doors/bar : 7pm', 'Curry: 7-7:45pm', 'Quiz : 8pm', and 'Close : 10:30pm'. The location is 'School Canteen enter via Hereford Rd'. Below this, it states '£20 PER PERSON INCLUDES CURRY/ PAKORA/NAN ON THE MENU - CHICKPEA OR CHICKEN CURRY. NO NUTS'. Further down, it says 'PUT A TEAM OF UP TO 8 PEOPLE TOGETHER. SMALLER TEAMS MAY BE MATCHED UP ON THE NIGHT'. At the bottom, it says 'Tickets on sale via ParentMail after 7pm on Mon 3rd Nov', flanked by two large, stylized, glowing pink arrows pointing outwards.

PTFA Quiz & Curry Night

 **Friday 21 November 2025**

 **Doors/bar : 7pm**
Curry: 7-7:45pm
Quiz : 8pm
Close : 10:30pm

 **School Canteen**
enter via
Hereford Rd

£20 PER PERSON INCLUDES CURRY/ PAKORA/NAN
ON THE MENU - CHICKPEA OR CHICKEN CURRY. NO NUTS

PUT A TEAM OF UP TO 8 PEOPLE TOGETHER. SMALLER TEAMS
MAY BE MATCHED UP ON THE NIGHT

Tickets on sale via ParentMail
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