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SCHOOL COMMUNICATIONS WHOLE SCHOOL

New Parent/Governor
elected

Fruit/Veg snacks

Christmas Card
Design - Deadline

YEAR 2

Head Lice

YEAR 6

JCA Residential Trip—
September 2026

DT Materials

REMINDER

Last call for Christmas
card designs. Please
register your child's
design at

www.cauliflowercards.co.uk/parents-shop,

make the payment and
send in your artwork to
the school office by
Monday!

If you have submitted
artwork but have not
yet registered your
child's design at
Cauliflower cards,
please complete this by
Tuesday morning at the
latest.

Many thanks

PTFA elves

LEPS Newsletter

Friday 17th October 2025

No 7

A MESSAGE FROM THE HEADTEACHER

Dear all

As we move further into autumn, the darker mornings and cooler weather are certainly making their presence felt. The leaves are beginning to change colour beautifully around us, reminding us that the half term break is just around the corner. This time of year often brings a little extra tiredness for both children and adults, which can sometimes lead to heightened emotions - so let's all take things a little more gently as we head into the final week of the half term.

Monday Assembly – Staying Safe and Showing Respect

This week's Monday assembly focused on how to stay safe and show respect in our school. Pupils learned about recognising warning signs and how we can all spot when something isn't safe by looking and listening carefully. We talked about the recent improvements to the school premises and how these changes have helped everyone feel calm, happy and grateful.

The children discussed what to do if they see something that isn't respectful or safe — starting by politely asking someone to stop and if that doesn't work, speaking to a trusted adult.

Miss Caldwell also reminded everyone about showing good behaviour in the lunch hall, including using good manners and indoor voices, keeping food on trays, not swapping food and helping to clear away. The assembly ended with a reflection that everyone is responsible for keeping our school a safe and respectful place and pupils were encouraged to think about how they can do this each day.

Parents and carers may wish to reinforce these key messages at home by talking about how we all play a part in keeping our community safe and kind.

Niagara's Class Assembly – Theme: How We Act Towards Others and the World Around Us

This week, Niagara led a thoughtful and inspiring class assembly all about how we act towards others and the world we live in. The children gave clear and informative explanations of our Little Ealing school values and spoke confidently about the many ways they demonstrate these values in their daily lives.

They shared the lovely idea that our values are like guiding lights - helping us to make good choices, show kindness and take responsibility for our actions. Their messages were timely and uplifting, reminding us all of the importance of being considerate, respectful and aware of how we treat both people and our planet.

The assembly also included an important seasonal reminder to Be Bright and Be Seen, encouraging everyone to stay safe and visible as the days grow darker. And of course, we all enjoyed the wonderfully catchy songs that helped to bring their messages to life.

Well done to Niagara for an inspiring, thoughtful, and beautifully presented assembly.

Year 5 Parent Meeting

It was also great to see so many of the Year 5 families on Zoom earlier in the week for the Year 6 Residential 2026 information session. All the details have been shared on ClassDojo and the ParentMail payment system is now open for deposits. Please remember to pay the £40 deposit by Thursday 23rd October 2025 to secure your child's place.

Parent Governor Election

A big thank you to everyone who took part in our recent Parent Governor election. The ballot closed on Tuesday 14th October and the result was incredibly close - so close that the votes had to be counted four times!

We are delighted to announce that Jonny Jones has been elected as our new Parent Governor. Congratulations, Jonny - we look forward to working with you. We would also like to extend our heartfelt thanks to Ashling for putting herself forward and for her continued dedication to our school community.

Thank you again to everyone who voted and supported the process.

Wear Red Day – Show Racism the Red Card

Thank you to everyone who supported our Wear Red Day today. The sea of red around school looked fantastic and it was wonderful to see children and staff standing together for such an important cause.

For those who may not be familiar, Show Racism the Red Card is a UK-based charity that uses the power of sport - and the voices of professional footballers - to tackle racism and promote equality.



Our support today helps to raise awareness and funds for this valuable work - thank you.

Coming Up Next Week

Parent Coffee Morning - Zones of Regulation

Next week, we invite parents and carers to join us on Friday 24th October at 9am for a Coffee Morning and Presentation about The Zones of Regulation. This will be a great opportunity to learn more about how we use the Zones to support children's emotional regulation and wellbeing in school - and how you can use the same strategies at home.

Be Bright and Be Seen

On Monday 20th October, the PTFA will be running a stall in the playground at the end of the school day in the playground. They will be selling items that encourage children to Be Bright and Be Seen in the coming darker autumnal and winter months.

Thank you, as always, for your continued support. Let's all take care of ourselves and one another as we move into the final week before the half term break.

Best wishes

Emily Caldwell

Headteacher

Important Dates & Holidays

Date	Time	Who is it for?	Description
Tuesday 21 st October 2025	9am	Netherbury Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Tuesday 21 st October 2025	6pm	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Friday 24 th October 2025	9am	Parents	Coffee morning - Emotional Regulation
Monday 27 th – Friday 31 st October 2025		ALL	Half Term – School Closed for all Pupils
Monday 3 rd November	8.30am	ALL	School opens for all pupils – Autumn Term 2 Breakfast club and before school clubs as usual
Wednesday 5 th November 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Monday 10 th – 14 th November	Throughout the week	All children	Anti Bullying Week – the children will take part in a variety of activities to raise awareness about preventing bullying and promoting positive friendships.
Wednesday 12 th November 2025	9.15am	9.15am	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Friday 14 th November 2025	R – 2 – 6pm 3 – 6 – 8pm	R – 2 – 6pm 3 – 6 – 8pm	PTFA Event – Wicked Evening
Monday 17 th November 2025	ALL DAY	All children	Individual School Photos – choose your favourite outfit and brush your hair how you like it best!
Monday 17 th November 2025	3 – 6pm	Buttercups	Termly Reviews – parent teacher individual meetings – details will follow
Monday 17 th November 2025	4.00 – 6.30pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	ALL DAY	All children	Siblings School Photos – choose your favourite outfit and brush your hair how you like it best!
Tuesday 18 th November 2025	3 – 6pm	Ladybirds	Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 18 th November 2025	3.30 – 6pm	Reception to Year 6	Termly Reviews – parent teacher individual meetings – details will follow
Friday 21 st November 2025	7 – 10.30pm	ALL Parents/Carers	PTFA Quiz and Curry Night
Wednesday 19 th November 2025	3 – 6pm	Caterpillars	Termly Reviews – parent teacher individual meetings – details will follow

Friday 21st November 2025	9am	Parent s	Coffee mornings - – Supporting Positive Behaviour - Therapeutic Thinking
Monday 24 th November 2025	3.30 – 6pm	Nursery to Y6	PP and SEND Termly Reviews – parent teacher individual meetings – details will follow
Tuesday 25 th November 2025	9am	Lothair Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Thursday 27 th November 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Tuesday 2 nd December 2025	9am	Lavington Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 3 rd December 2025	9.15am	Prospective Parents	Prospective Parent Tours – for parents/carers of pupils due to start Nursery or Reception in Sept 2026. Book a place through the school office
Saturday 6 th December 2025	12 – 4pm	ALL	PTFA Christmas Fair
Tuesday 9 th December 2025	2pm	Leyborne Parents/Carers	Class Assembly – parents and carers invited to watch and stay for a cup of tea or coffee in the Food Tech room afterwards
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Wednesday 10 th December 2025	2pm	Birkbeck Parents/Carers	Christmas Show – parents and carers invited to watch
Wednesday 10 th December 2025	6.15pm	Parents/Carers of children taking part	Music Christmas Concert – details to follow
Thursday 11 th December 2025	ALL DAY	All children	Christmas Jumper Day and School Christmas Lunch
Thursday 11 th December 2025	2pm	Bramley Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 12th December 2025	9am	Blondin Parents/Carers	Christmas Show – parents and carers invited to watch
Friday 19th December 2025	Usual times for each year group	ALL	End of Term Collection
Monday 22 nd December – Monday 5 th January 2026		ALL	Christmas Holidays
Monday 5 th January 2026	All Day	ALL	Staff Training Day – CLOSED FOR ALL PUPILS
Tuesday 6 th January 2026	8.30am	ALL	School opens for all pupils – Spring Term



Developing Friendship Skills

School is the place where children learn to navigate the world of friendships. At this age, alliances often shift and change. Learning to make friends and get along with peers can cause some distress to most children.

How can parents help? - It is important to listen to your child's experiences with peer challenges. Instead of telling them what to do, help them problem-solve, and also to clarify and understand their feelings. It is always best to stay away from taking sides with either child- offer empathy for all of your child's feelings, and also reflect together on how their peer might be feeling. Coach your child to stand up for themselves using their words and help them learn to express their needs rather than attacking their friend. It is helpful to practice this together!

Sometimes we could all do with someone to talk to.

If you would like to meet Elita Bartholomew Matthew for a confidential and non-judgemental chat about you, your child, or any other worries, they are available on Wednesdays from 9-10am.

You can call/text 07469701260 or email elita@schoolsounsellingpartnership.co.uk



Please check out this week's great contributions to Performance Corner on the [Music at LEPS](#) website.

PTFA - Upcoming Events

LEPS be Wicked Dance Party - Fri 14th Nov - 6-8pm

PTFA Quiz & Curry Night - Fri 21st Nov - 7-9pm

Christmas Fair - Sat 6th Dec - 12-4pm

PTFA Yr 5-6 Disco - Fri 23rd Jan - 6-8.30pm

PTFA Yr 3-4 Disco - Fri 30th Jan - 6-8.30pm

PTFA Yr 1-2 Disco - Fri 6th Feb - 6-8.30pm

PTFA Netball - Adults - Thurs 4th June - 7-9pm

Summer Fete - Sat 6th June - 12-4.30pm

PTFA Netball - Children - Sun 7th June - TBC

PTFA End of Year Party - Fri 10th Jul - 6-8.30pm

Don't miss the....

Be Bright Be Seen!

stall

Monday 20th October 3-3.20pm outside the canteen
there will be....

*Hi-vis accessories including slap bands and bike and scooter bling
as well as some things especially for Halloween 🎃
Everything £1 (card only) or 2 LEPS tokens (if you have any lying
about) or free!*

Helping you to be bright at night and be seen

SPORTING WINNERS

Congratulations to Cyrus & Seamus for achieving great results at Grasshoppers Rugby Club last week.

Cyrus for being Player of the Week for the under 9's category and Seamus for the player of the tournament at the Richmond Mini's festival.

Well done to you both!



Online Gaming: Moving from Policing to Parenting

With growing awareness around screen time, in-game content, costs, and online interactions, it's understandable that parents and carers want to help children play safely and responsibly. While setting sensible boundaries is certainly valuable, it's only part of a longer-term approach to supporting healthy and positive gaming habits.

In this guide, you'll find practical tips for helping children make good choices around screen time, understand simulated violence, and stay safe when interacting with others online.

Stay informed, stay connected, stay safe.

Your online safety

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

PARENTING GAMERS

Moving from policing to parenting your gaming kids: how to engage and guide

With concerns about escalating screen-time, the impact of violence, unexpected costs and interloping strangers it can be tempting to lock down video games to limit their negative impact. While some sensible boundaries are helpful, they are only a short term solution for how we guide children towards gaming health. Like other areas of childhood, parents and carers can have a powerful steering presence by engaging and participating in the video games their children play. This not only reduces risks because they are aware of the kinds of activities, interactions and costs involved but makes video games a part of family life. Along with building dens, climbing trees, cooking and family walks, playing games with children enables parents to guide the quality of content being played. This may start with sharing the games children are currently playing, understanding why they love it and celebrating successes. But with a little research, this can grow into suggesting other games to play and higher ambitions for what kids get out of playing long-standing favourites.



A New Media For Everyone

Video games are a new kind of media. Because they are now we don't entirely understand their potential yet. They've become hugely popular and commercially successful as blockbuster entertainment for children and teenagers. However, like books, films and music, the real range of video games on offer is much broader than this.

There are games about every topic you could imagine, and aimed at a wide range of ages and perspectives. Whether it's sharing a family heart-breaking story in *That Dragon, Cancer*, stepping into the shoes of a Syrian migrant in *Bury My Love*, or taking the hand of your child and soaring over the clouds in *Sky: Children of Light*, games take us places in unique ways. It's no surprise, then, that *Nintendo* figures show that in 2018 40% of men and 32% of women play games. And Entertainment Software Association (ESA) data showed that the average age for US gamers is 34 for women and 32 for men.

If you want to turbocharge your care of a child who loves playing video games, the best thing to do is to find games you want to play yourself. This can sound like strange advice until we consider how hard it would be caring for a child who loves books without reading ourselves or guiding a child who loves music without sharing our favourite songs.

Video Game Diet

Gaining an understanding of what video games are, what they are like to play and the different experiences on offer, enables you to encourage a varied gaming diet. Similar to how we don't worry about plate times but what's on the plate, we can differentiate between different types of screen experience.

Playing *Fortnite* offers exuberant excitement and connection to friends. Playing *Mario Kart* connects us to the players sitting next to us. *Roblox* can be a place for children to play at having a job or surviving a storm. *Minecraft* can be a tranquil escape from a busy day at school. *Angry Birds* can be a way to calm anxiety or jangling nerves.

Parents and carers can expand these experiences. *Kingdoms Two*, *Crown*, *Angry Birds* and *Life is Strange* teach players to trust their instincts in game worlds built to encourage risk and bounce taking. *Florence*, *Abdu*, *Journey* and *Brothers Tale of Two Sons* are a gentle way for children to learn about their own emotional responses to challenging situations as well as appreciating how people experiencing them first hand may feel. *One Hour One Life* encourage the thrill of building something that other players benefit from.

Creators Not Consumers

Activities for their future means parents and carers support activities where children are exploring. While this is familiar territory when a child is brilliant at an instrument or learning a foreign language, it's easy to miss the need for our enthusiasm when it comes to video games. Along with the general connection and good feelings that come from a parent or carer celebrating success in an activity that a child enjoys comes the inspiration that they could go further than they realise. In competitive video games can reward practice but require great skill, design and imagination. Beyond this, parents can guide children towards other careers in video games which need diverse creative, technical and social skills. A simple and effective way to do this is to encourage children to create as well as consume games. This can start as simple consumption of the games that allow you to design maps and characters. Then there are games like *Mario Maker* on Wii U, 3DS and Switch where you can design and share levels for other players. *Dreams* on the PlayStation 4 takes this further with an accessible game creator that's also really powerful.

Finding Games You Want Children To Play

Parenting rather than policing video games equips children to build good habits and a healthy relationship with digital media for when they leave home and parents aren't around to enforce the rules. One challenge can be finding the kinds of games you want your children to play. There are good resources to help you with this. Many of the examples here come from our upcoming *Taming Gaming* book: <https://taminggaming.com/books/taming-gaming/>

There are also websites that provide video game suggestions like *All About Gaming*: <https://www.allaboutgaming.com>. Also, there are good Twitter accounts that help, like *Wholesome Games* (@wholesomegames) and *Non-Violent Games Of The Day* (@NNGOTD).

You can also use the VSC Rating Board: <https://videostandards.org.uk/RatingBoard/> website and PEGI app to search for games of different ratings.

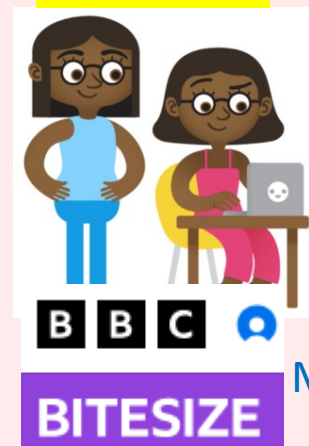
Meet our expert

Andy Robertson is a parent of three children and journalist who writes for national newspapers and broadcast television. His *Taming Gaming* book helps parents guide children to healthy play.

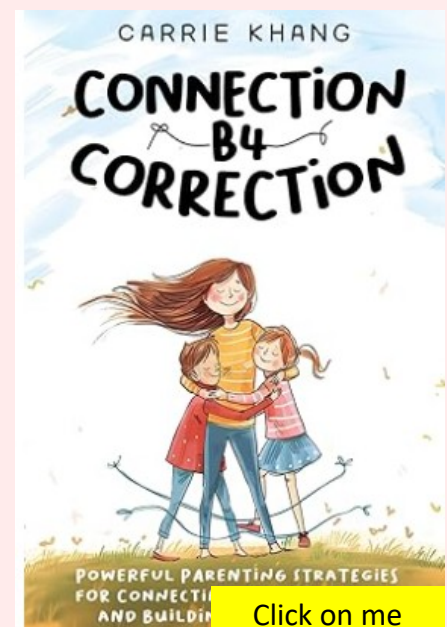
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Miss



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